

Charis M. Wolf  
DTCM, MSTCM, MSc,  
MBAcC, Dipl. LAc

[c.m.wolf@sms.ed.ac.uk](mailto:c.m.wolf@sms.ed.ac.uk) | 07825 674665  
<https://edinburgh.academia.edu/CharisWolf>  
<https://edwebprofiles.ed.ac.uk/profile/charis-wolf>  
<https://www.linkedin.com/in/chariswolf/>

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Academic researcher, interested in conservation of knowledge systems in global health in context with WHO medical data collection of traditional medicines and biomedicine. Experience in medical research, literature reviews, peer reviewer for journals, and policy driven writing using evidence-based medicine. Looking to secure further research experience in academic settings regarding global health, pluralism in science, epistemic protection, and policy.

## EDUCATION

Current      **Interdisciplinary PhD**, University of Edinburgh

Thesis:      Philosophy of Medicine and Traditional Medicine Epistemologies; How pluralistic medicines provide meaningful evidence  
Supervisors:      Takeshi Morisato (East Asian Philosophy), Gwenetta Curry (Global Medicine),  
Research:      Literature reviews in East Asian Philosophy, Epistemic Justice, Medical research, WHO data structure analysis (classifications and algorithms)

**MSc, Philosophy, Science and Religion** (Merit), University of Edinburgh (2025)

Dissertation:      Perspectival Values in Knowledge Development and Production  
Modules:      Philosophy of Science, Epistemology, Social Epistemology, Science and Religion  
Research:      Literature reviews, online archive research, also drawing on Doctorate in TCM and policy experience

**Complex Systems studies:** New England Complex Systems Institute, MIT  
Certification in Complex Science and its Applications (2026)  
Principles of Health and Public Health (2023,5)

**Philosophy of Science class**, Oxford University (2024)

**Doctorate of Traditional Chinese Medicine** (Honours)(2021), Five Branches University  
Clinical doctorate, concentration of Integrative medicine practice, research publication, and interprofessional collaboration

**MSc Traditional Chinese Medicine** (Honours) (2006) American College of Traditional Chinese Medicine

**BA Intellectual History, Physical Sciences minor**, University of California, Davis

Modules:      Chemistry (Organic chem, Bio-chem, Physical chem) lab, 3+ years of physics (mechanics, continuum mechanics, quantum mechanics, astrophysics, solid state physics, electricity and magnetism, differential equations, vector analysis, mathematical physics)

Further studies include ongoing education in medicine to retain medical license, complex systems, Taoism, East Asian cosmology, Classical Chinese medicine, Multivariate statistics, Reproductive health, Herbal medicine, Association management for board leadership roles.

## Academic and Research Experience

(for further writings, please see <https://edinburgh.academia.edu/CharisWolf>)

**Publications:** “The State of 21<sup>st</sup> Century Acupuncture in the United States”.  
[https://www.dovepress.com/articles.php?article\\_id=96301](https://www.dovepress.com/articles.php?article_id=96301)

“Epistemology of Thought Experiments in Medical Science”  
*Oxford Philosophical Society*, Annual Review 2024

## Leadership and Organization Experience

- current      **Editorial Board**, European Journal of Oriental Medicine  
**Conference Organizer and research panel** moderator, American Society of Acupuncturists (ASA)
- Team of 10 people organizing and running the national conference, introduced the research panel (4 international speakers) and moderated discussion on traditional medicine research
- 2020-26      **Director Research Committee**; American Society of Acupuncturists  
Conducted research dissemination and collaborated on interprofessional projects, producing 20+ written responses to organizations including CDC, NIH, NCCIH, CMS, and PCORI to influence strategic medical policy implementation
- 2024      **Project Coordinator**: David and Lura Lovell Foundation Grant  
American Society of Acupuncturists, securing 100k in funding for the ASA, engaging the entire profession across the country to create national strategic plan

## Research

**UW/NCCIH funded research study clinician**: PI Dr. Mark Soddors;  
Acupuncture for TBI: Practitioner offering treatment for study subjects contributing to advancement in the field of acupuncture for traumatic brain injury

### Biomedical genetic research on Klinefelter syndrome

Lawrence Livermore National Laboratory; Department of Energy -growing bacterial cultures for analysis and mapping  
-lab experience with pipets, centrifuges, running gels with genetic material spliced by enzymes in prepared samples, data collection from experiments, collecting slide samples and genetic mapping

### Literature review on migraine and tension headaches

Research for successful submission to the Health Care Authority of WA state, Health Technology Assessment; resulting in state-wide policy change covering migraine headaches treatment for professional acupuncturists

- 2020-6      **Peer reviewer**: Medical Acupuncture Journal, Journal of Acupuncture and Integrative Medicine, Yale Journal of Biology and Medicine

## Talks & Conferences

- 2026      **History of Science Society**: Panel Chair: *Objectivity Reconsidered*  
2025      **American Society of Acupuncturists**: Assistant Organizer and Panel Chair:  
Current Advances in Acupuncture Research  
2023      **Qiological**; Interview: importance of Evidence Based Medicine

**Public lectures:** on cysts and fibroids (Zheng and Jia) during pregnancy, yearly talk given on Women's health at the Holistic Mom's Network

## **PROFESSIONAL EXPERIENCE**

- 2020-26      **Director, Vice Chair; American Society of Acupuncturists**  
Board of Directors; American Society of Acupuncturists  
Oversaw Governance and Research committees and projects leading to 4 major project completions and 3 research publications, 5 policy statements to guide national standards for integrative health in the US healthcare system  
Served as representative to National Center for Complementary and Integrative Health (NCCIH) in policy and research related meetings, enhancing collaboration and engagement throughout the integrative medicine community for Whole Person Health
- 2018-20      **WA Acupuncture and Eastern Medicine Association President, Legislative Chair and Research Chair, National Delegate**  
Directing the Public Education committee for healthcare policy, strategized directly with lobbyist on legislation, grew relationships between the Medical doctors, Naturopaths, Nurses, and Physical Therapists to pass legislation. Through Multiple discussions with the Department of Health and testifying in front of healthcare committees in response to our legislation, research reviews for the Health Care Assessment group, working with the Osher Center, UW, to promote integrative care through research and contacts at hospitals like Harbor View and Community Health clinics, establishing policy and regulatory frameworks for the profession
- 2017-21      **Adjunct Faculty: Middle Way Acupuncture Institute, Seattle Institute of East Asian Medicine, Bastyr University**  
Taught Post Graduate level classes in: Ethnopharmacology, Embryology, Professional Ethics in Medicine, Clinic Supervisor, Integrated Medicine for Respiratory and Cardiovascular systems, Herbal Studies for Cardiopulmonary conditions
- 2010-25      **Integrative Medicine practitioner utilizing Traditional East Asian Medicines and Functional Medicine**  
Worked as a sole practitioner, running my own practice as well as practicing for six years in an integrative medicine clinic to support 1000+ patients, collaborated with Seattle Cancer Care, eight years primary care experience,
- Project Management and Market Research experience, San Francisco, CA**  
Communication Group, Naturopathica, Pottery Barn, marchFIRST, Greenfield  
-developed and taught implementation of user centered design process, establishing internal creative protocols and creating documentation that enhanced efficiency by 200% project  
-coached management team on implementation to ensure scheduling and budgeting accuracy which resulted in the doubling and tripling of revenue  
-managed teams ranging from 5 to 25 people; day to day operations including strategy, creative, user experience analysis, production, engineering, QA  
-primary point of contact including face to face interaction with client, responsible for managing client expectations and growing relationships, developed and enforced timelines, asset management, resource management, budgets (\$500k to \$2M) and ran meetings  
-developed and delivered in person business pitches and project pitches  
-post mortem analysis of projects; success and risk analysis  
-Market researcher for business companies that successfully adopted innovative technologies through Executive level interviews and data analysis, online data collection

## **PROFESSIONAL MEMBERSHIPS/AFFILIATIONS**

European Journal of Oriental Medicine  
Oxford Philosophical Society  
British Acupuncture Council  
British Medical Acupuncture Society  
Society of Acupuncture Research  
American Society of Acupuncturists  
Evidence Based Acupuncture  
Scholars of Chinese Medicine  
Acupuncturists Without Borders

## **AWARDS**

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|-----------|--------------------------------------------------------------------------------------------------------------|
| 2015-2016 | Selected as top Acupuncturist in Silicon Valley by International Associations<br>Of Healthcare Professionals |
| 2013      | Voted Best Acupuncturist in Silicon Valley                                                                   |